

# E&K

## A Part Time Career as a Non-Commissioned Member with **ESSEX AND KENT SCOTTISH REGIMENT**

# STRONG PROUD

TODAY'S Canadian Forces

**WHAT THEY DO** The Essex and Kent Scottish is an infantry unit that has served Canada Since the 1700s. The Infantry units role is which ultimately decides whether ground was held or taken, and it is the presence of infantry that assures control of territory. While the tactics of employment in battle have changed, the basic missions of the infantry have not, and it is a job the E&K takes pride in doing well in all types of weather and terrain. Members may also undergo specialized training such as airmobile, and amphibious operations, and operate in all environments, including the arctic, mountain, jungle and desert areas.

The Essex and Kent Scottish Regiment is part of Canada's Army Reserve. The unit is currently tasked to train for augmentation of CF operations and commitments for domestic emergencies within Canada, as well as part of the International community, such as the United Nations and NATO . Members of the unit have served Canada in many capacities including disaster relief efforts in the Manitoba floods, and ice storms in Eastern Ontario and Quebec. Abroad members have served as part of United Nations peacekeeping operations in Cyprus, Croatia and Bosnia, and with the NATO forces currently in Bosnia and Afghanistan. As a member of the infantry you will learn to proficiently operate and maintain a wide range of personnel and section level weapons, including grenade launcher, light, medium machine guns; and anti-armour weapons. In the infantry there is also a need to learn to engage in unarmed combat.

### Qualification Requirements

As well as both physical and mental stamina, Soldiers must possess good learning abilities, particularly an ability to pay close attention to detail, and a willingness to acquire specialized technical skills and knowledge.

### Training

#### Basic Military Qualification

The first stage of training for everyone is the 20 day Basic Military Qualification (BMQ) course. The BMQ is your introduction into Army life. During this course, you will learn exciting new skills such as weapons handling and firing, drill, navigation, field survival and first aid. BMQ training can be physically demanding.



# E&K

## *Soldier Qualification*

On successful completion of BMQ, Soldiers will undergo the 20 day Soldier Qualification (SQ) course, which covers the following topics:

- Army physical fitness;
- Dismounted offensive and defensive operations
- Reconnaissance patrolling;
- Advanced weapons-handling (working with grenades, machine-guns and anti-tank weapons); and
- Individual field-craft

## *Basic Military Occupational Training*

On completion of SQ, attend Basic Military Occupational (MOC) Training. MOC training teaches the following basic skills:

- Use and care of personal and section-level weapons
- Identifying Canadian and foreign military vehicles, aircraft and equipment; constructing field defences, such as trenches and roadblocks, and laying and marking of minefields.
- Using tactical command-and-control. communications equipment; through navigating by day and night and patrolling operations
- Organization, roles, doctrine and tactics of an infantry soldier in section and platoon level tactics in offensive and defensive operations; and
- History and traditions of the Essex and Kent Scottish Regiment and the Regular Force Infantry Units around Canada



## *What's the catch?*

No catch.

As a member of the Essex and Kent Scottish Regiment, all of these opportunities are available. As a basic private, your pay starts at \$81.54 per day. Pay is based upon attendance. During full time summer training you can make up to \$2300 per month. From September to May, you can count on a minimum of one night per week and one weekend per month and earn up to \$300 per month. Reservists also enjoy dental benefits, uniforms provided, paid travel, and full medical coverage while on duty.

As a Reservist, your commitment is to maintain a regular parade attendance of one night per month. Obviously, however, greater attendance leads to greater reward. You can leave the Reserves whenever you choose.

## *OK... How do I join?*

In order to join the Essex and Kent Regiment, you must meet the following pre-enrollment requirements:

- Be 16 years old
- Minimum of a grade 10 education with 15 High School credits
- Be a Canadian citizen
- Be physically and mentally fit
- Be free of any legal obligations

## **Interested in the Co-op Program?**

- See your High school Guidance Department

For more information about joining the Essex and Kent Scottish Regiment, please contact Sgt Matt Mitchell at

**(519)436-3085 Ext: 4590**

**Email: [matthew.mitchell2@forces.gc.ca](mailto:matthew.mitchell2@forces.gc.ca)**

